

HOUSE OF WISDOM  
raise your consciousness

# COURSE IN WISDOM

Level 1

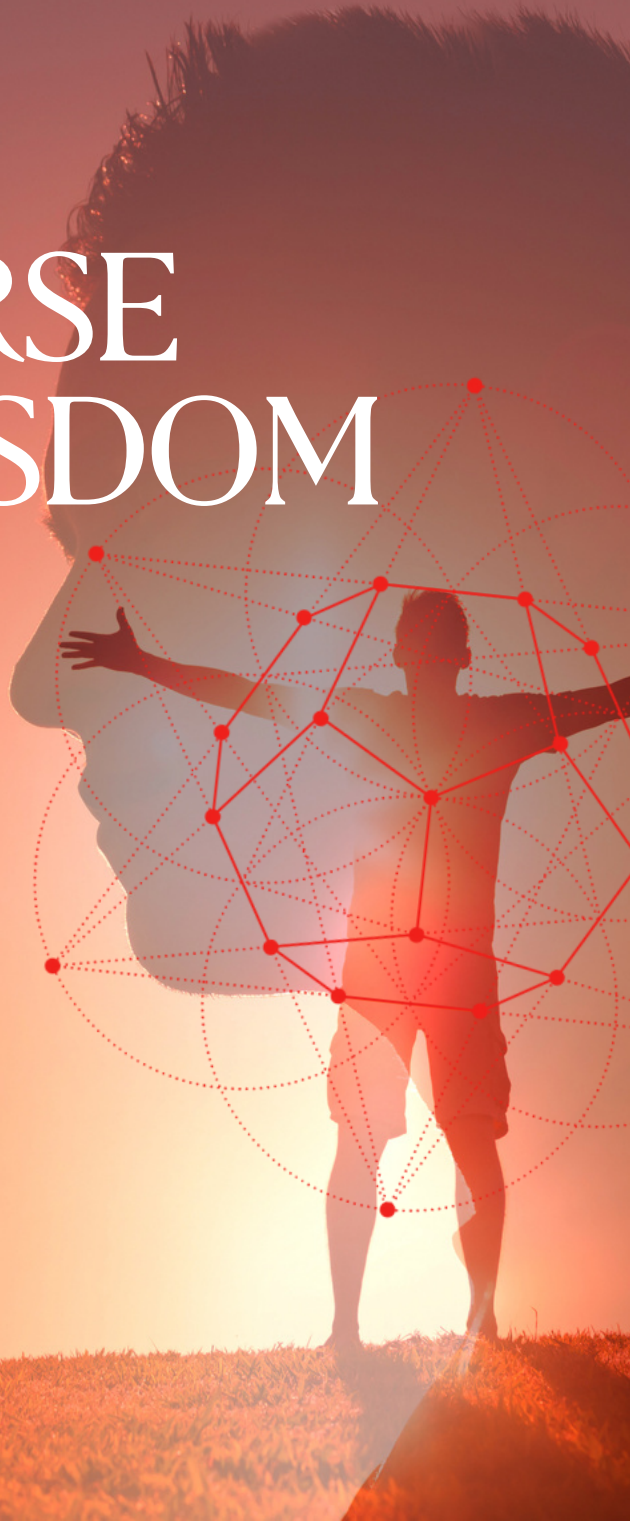
ACHIEVE  
& MANIFEST

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CREATE  
MIRACLES

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HOLISTIC  
MODALITY



# COURSE IN WISDOM

## LEVEL 1

Are you ready to embark on the right spiritual path? Do you want to enjoy a meaningful life? Do you desire spiritual growth? If this is what you are seeking then join the Course in Wisdom Level 1 and set yourself on a spiritual and transformative journey that will enhance your quality of life on every level.

The Course in Wisdom Level 1 covers every aspect of your life and is designed to heal and transform the major blockages that stop you from manifesting the life you want.

### Week 1

- The origin of all physical things
- Desire - the key to creation
- Pause - the perspective shifter
- The Law of Attraction

Tools:

- The pause method
- The goal setting
- Translating desires into actions

### Week 2

- Our Reactive Behavior
- Our "Takwin" or composition
- Our unique journey or purpose

Tools:

- Gaining control over our reactions
- Understanding human nature
- Finding our purpose

### Week 3

- Freewill versus destiny
- "Satan" the opposition
- Your new destiny

Tools:

- Control your negative thoughts
- Change your destiny

### Week 4

- Understanding cause & effect
- Embracing the process of change
- Recognizing the light

Tools:

- The impact of your goals
- Brainstorming to manifestation
- Roadmap to manifestation

### Week 5

- Communication
- Body language
- Public speaking
- Overcoming camera shyness

Tools:

- Removing bad habits
- Mastering body language & non-verbal communication

### Week 6

- Ego extensions
- Judgement
- Control
- Pride
- Hate
- Jealousy
- Fear

Tools:

- Identify places you can grow at
- Grow faster with less challenges

### Week 7

- Thought of creation
- Shame & guilt
- Tapping into the unlimited possibilities

Tools:

- Overcoming shame & guilt
- Become a creator

### Week 8

- Inner light vs surrounding light
- Stress and anxiety
- Depression
- Procrastination

Tools:

- Overcoming mental blockages
- Holistic healing modalities
- Managing our minds

### Week 9

- Q&A
- Case Studies - story sharing time



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